

JANUARY

2016

WINDSOR LOCKS HIGH SCHOOL COUNSELING COMMENTARIES



**Windsor Locks High School
Counseling Staff Members**

IMPORTANT EVENTS AND DATES

- * January 8th – Alumni Day – Media Center event for seniors
- * January 8th – registration deadline for February 6th ACT exam
- * January 18th - Martin Luther King Day No School
- * January 19th – No School – Teachers PD Day
- * January 20th – 25th – Mid Year Exams
- * January 21st – WLHS Open House For 8th grade students & parents – 7:30pm
- * January 23rd – SAT testing
- * January 24th – College Goal Sunday – Windsor HS & other available sites – 1:30 - 4:30pm

Important Events in the School Counseling Department

College Goal Sunday at Windsor High School January 24, 2016

"College Goal Sunday" is a nationwide program that was created to help first-generation, low socio-economic status, and underrepresented seniors and their families fill out their FAFSA (Free Application for Federal Student Aid) form. This year **Windsor High School** will be participating in this program by being a **host site**. Windsor HS will assist their own students and they are extending the invitation to seniors from area high schools looking for assistance in completing their FAFSA form. This is a **free** program and students are encouraged to attend with their parents/guardians (childcare can be provided for children under the age of 13). **The program starts at 1:30 – 4:30pm.**

<http://www.collegegoalsundayct.org/what-to-bring>

Mid-year Exams- January 20 – 25, 2016

Every student at Windsor Locks HS will take mid-year exams the week of January 18th. This will mark the end of the first semester; with the second semester beginning on Tuesday, January 26, 2015. **Some tips to consider when preparing for Mid-Year Exams:**

- **Prioritize** - use the study guides provided by your teachers.
- **Meaningful Organization** – group ideas into meaningful categories.
- **Recitation** - state information out loud to yourself.
- **Visualization** - make a mental picture of what you are studying.
- **Association** - memorize facts by making associations to things that are familiar to you or use Mnemonics; memory training devices.
- **Summarize** - put text material into your own words.
- **Repetition** - the more you go over material, you will increase your memory of that material.
- **Time Management** - find the best time for you to study; make a calendar or schedule to manage your time wisely for studying.
- **Do Your BEST! Good Luck!!**

WINDSOR LOCKS HIGH SCHOOL

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Attention Seniors:

Again, just a reminder to watch those college application deadlines. Many colleges use January 15th or February 1st as their application deadlines so seniors are encouraged to pay close attention to these dates and prepare their applications accordingly.

The Windsor Locks High School counseling office is happy to process senior transcript materials, but this takes time, so seniors need to submit their transcript requests to the school counseling office at least two weeks prior to the college's application deadline! Those due by February 1st should be submitted by Friday, January 15th!

Make sure that teachers you have asked to write letters of recommendation have had enough time to complete your letter. You can check with your counselor to see that it has been uploaded to Naviance.

IMPORTANT EVENTS CONTINUED

FINANCIAL AID INFORMATION:

The 2016-2017 Free Application for Federal Student Aid form (FAFSA) must be completed online by all seniors who are seeking financial aid. This form determines eligibility for all federal monies. The family completes this form, indicating the colleges to be informed of the results. After it is processed, the student receives a Student Aid Report (SAR). The FAFSA must be submitted online after January 1, 2016 at www.fafsa.ed.gov.

Students as Employees

The Connecticut Department of Labor requires all 16- and 17-year olds to obtain working papers in order to work within the state. A student must bring a promise of employment from their employer to Mrs. Zaine in the School Counseling Office to obtain this necessary document. New working papers must be obtained for each new place of employment.



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IMPORTANT INFORMATION FOR COLLEGE BOUND SENIORS

State law requires that all Connecticut full-time or matriculating students provide proof of adequate immunization against measles, mumps, rubella (MMR) and varicella (chickenpox).

- All incoming freshmen are required to show proof of two doses of the MMR. The doses should be separated by at least 28 days with dose number one being given on or after the first birthday.

- All incoming freshmen are required to show proof of two doses of varicella (chickenpox) vaccine. The doses should be separated by at least 28 days with dose number one being given after the first birthday.

- Parental or self-report of varicella disease is no longer considered acceptable evidence of immunity, as naturally occurring infection has declined dramatically and clinical illness has become more difficult to recognize.

In addition, seniors who plan to attend college within Connecticut and live in on-campus housing must be immunized against meningitis. Please make sure to check with your physician.

pathways@Windsor Locks

Mrs. Allison Nelson is currently working with a district/high school committee and the National Center for College and Career Transitions (NC3T) in order to build a College/Careers Pathway System for all Windsor Locks High School students in order to help them prepare for their futures beyond Windsor Lock HS.

NC3T's mission is: "Every Learner with a Dream and a Plan, and Every Community with a Capable, Ready Workforce."

As plans are developed, more information will be forthcoming

Mrs. Nelson, Transitions/Pathways Coordinator

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"Education is the passport to the future, for tomorrow belongs to those who prepare for it today."

Malcolm X

