NORTH STREET SCHOOL CONNECTIONS

Parent and Family Resources

North Street School is fortunate to have both a full time school social worker (Sarah Flynn, SFlynn@wlps.org or 860-292-4760) as well as full time school psychologist (Dr. Maureen Colleary, MColleary@wlps.org or 860-292-4791). Both are available to students and families, for providing services as well as referrals. There are times when families request referrals for outside services. Typically we encourage families to check with their pediatrician for referral information, but we also have available a list of numerous resources in the area. North Street School Connections staff assists families in connecting with school mental health services to obtain requested information.

Below, you will find additional resources.

MENTAL HEALTH SERVICES

<u>Community Health Resources</u> (CHR) Enfield (860-253-5020) and Windsor (860-731-5522) Provides: Clinical treatment services, including Emergency Mobile Psychiatric Services, Family Support Teams, Functional Family Therapy, Intensive in Home Child and Adolescent Psychiatric Services (IICAPS), Child and Family Outpatient Services, Integrated Family Violence Services, Trauma Focused Cognitive Behavioral Therapy WWW.CHRHEALTH.ORG

KidzMatter - Enfield (860-749-9298) Individual, family and group counseling

Community Child Guidance Clinic - Manchester 860-646-0502

<u>Joshua Center Enfield</u> 72 Shaker Rd, Suite 7 Enfield, CT 860-749-2243 Provides help for at risk children ages 5-18 who are experiencing social and emotional difficulties.

Interlocking Connections – for families with children on the Autism Spectrum disorders

Eastern Services and Camp Simon - East Windsor 860-254-5127 Counseling and therapeutic services

Mental Health Association of CT 61 Main St., West Hartford 1-877-208-8240

<u>211 Info line</u> – or 1-800-203-1234 A directory of community resources state wide, including information and referral for child care, counseling, housing, emergency temporary shelters, food pantries, clothing, fuel assistance, social services

Parenting Support

<u>Triple P – Positive Parenting Program –</u> Suzanne Jolissaint, Triple P Supervisor Community Health Resources 860-253-5020 x257

<u>Parenting 101</u> Boys Town Parenting Course offered through Windsor Locks Public Schools several times each year. This is a six week class, held for 2 hours one evening per week. Jeanne Russo, MSW, School Social Worker at the Windsor Locks High School teaches the course.

Grief Counseling

Mary's Place, A Center for Grieving Children and Families 6 Poquonock Ave, Windsor, CT 860-688-9621

West Hartford Counseling Center 860-233-4830

The Cove – Wethersfield 203-634-0500 or toll free 1-800-750-COVE

Incarceration

Families in Crisis (860-727-5800) for children and families involved in the criminal justice system

Food

Windsor Locks Town Social Services - 860-627-1446 Food Pantry open daily 2-4 p.m.

Mobile Food Share Unit - alternate Fridays, 9-9:30 Town Hall

<u>West Suffield Crossroads Community Pantry</u> 1400 Mountain Road, West Suffield Thursdays 5-8 p.m., meat and bread distributed, no cost, no residency requirements, no income gualifications.

Support Groups

North Central Community Collaborative Support Group Suffield Kent Memorial Library 860-668-5522 or 860-668-6005 For families whose lives have been touched by children with behavioral, social, attention, communication or mental health challenges.

<u>Connecticut Parent Advocacy Center (</u>860-739-3089) – a statewide parent information center serving families of children with special needs. www.cpacinc.org email: cpac@cpacinc.org

<u>The Special Needs Parent Coach</u> – strategies for balanced living for parents of children with special needs. <u>www.specialneedsparentcoach.com</u>

Medical

The Center of Children with Special Health Care Needs CCMC 860-545-9230

<u>211</u> can provide information regarding pediatricians, pediatric dentists, optometrists, pediatric ophthalmologists and therapists in the Windsor Locks area.

<u>Zenni Optical</u> Once you have obtained a prescription provided by an optometrist or ophthalmologist, you can purchase prescription eyeglasses at a significantly discounted rate. Contact them at www.zennioptical